

GM Daily Mile Step Tracker

Keep track of how many steps you take during each walk.
Each footprint is worth 500 steps. Mark them off as you go!

Well done!

1000

2000

3000

4000

5000

500

1500

2500

3500

4500

10,000 steps = 5 miles!

You've done it!

10,000

9000

8000

7000

6000

9500

8500

7500

6500

5500

Nearly there!

Keep it up!

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Each footprint is worth 1000 steps. Mark them off as you go!

Well done!

2000

4000

6000

8000

10,000

1000

3000

5000

7000

9000

20,000 steps = 10 miles!

You've done it!

20,000

18,000

16,000

14,000

12,000

19,000

17,000

15,000

13,000

11,000

Nearly there!

Keep it up!