



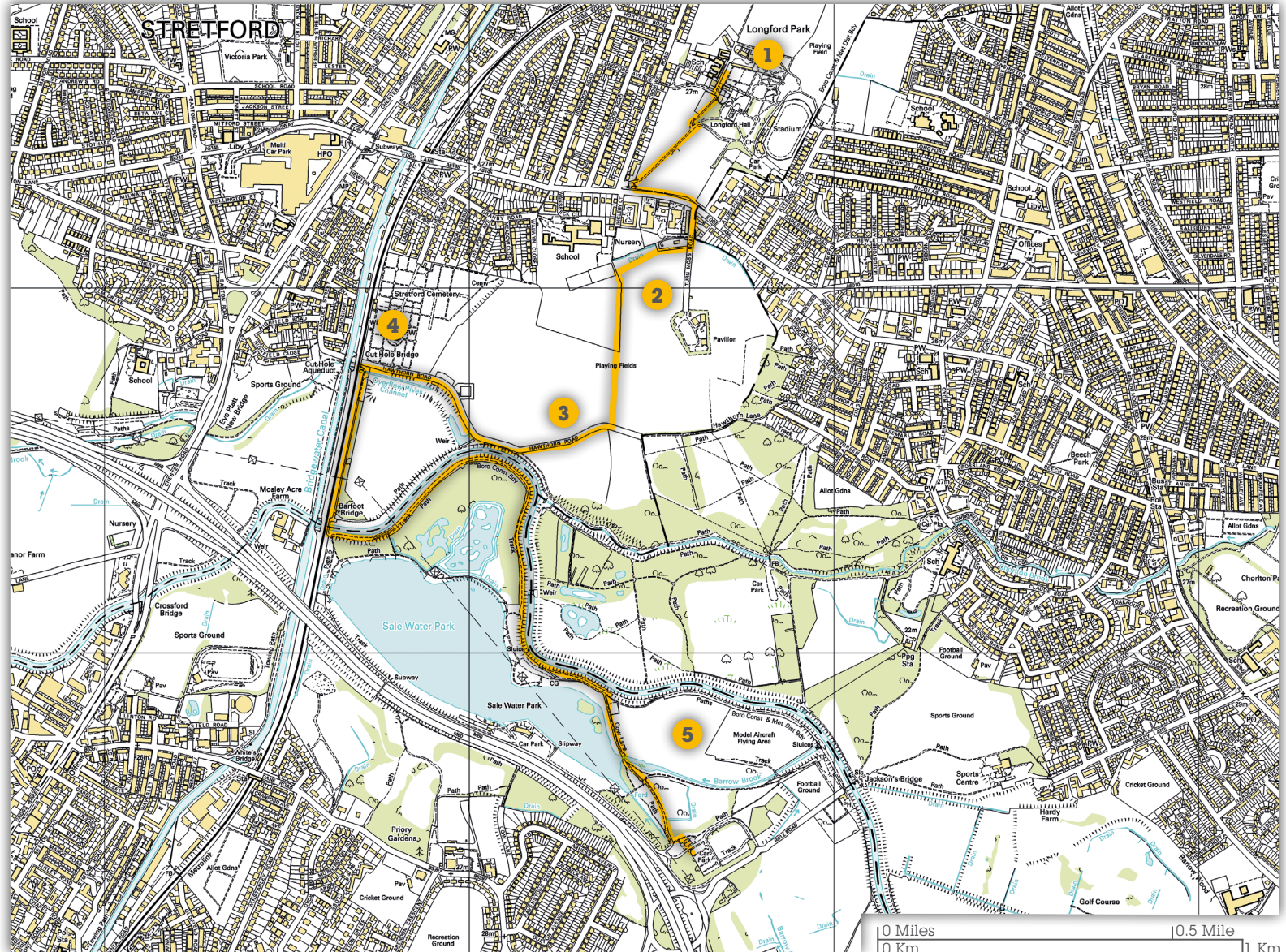
LONGFORD PARK TO SALE WATER PARK

 Distance: 2.9 miles / 4.7 km  Allow 1 hour 15mins

ACTIVE TRAFFORD GREENSPACE

This walk is one of ten exciting routes designed to help you explore some of Trafford's most beautiful countryside and parks on foot.

Trafford supports a diverse range of open spaces from the historic Longford Park, to visitor attractions such as Sale Water Park and Dunham Massey. Recreational routes, such as the Trans Pennine Trail and Bridgewater Way, pass through the borough's heart, linking local communities and visitors to the Mersey Valley and beyond.



WALK DESCRIPTION

This linear route takes in a rich variety of landscapes from historic hedgerows, to the River Mersey and flood meadows of Sale Ees. Enjoy the heritage trees of Longford Park and stroll through Turn Moss Playing Fields to join the Trans Pennine Trail. The route passes Stretford Ees and follows the River Mersey, before passing through Barrow Brook towards the Volunteer Centre at Sale Water Park. Walkers can return via the Metro to Stretford, or retrace their steps and take a short cut along Cow Lane, past the lake and Broad Ees Dole Nature Reserve.

ACCESSIBILITY

Paths are surfaced in areas but soft underfoot elsewhere. Some may become muddy after heavy rainfall.

Suitable for off-road cyclists. Limited access for wheelchairs and prams.

TOILETS

Sale Water Park.

START POINTS

Longford Park, M32 8DA (recommended)

Sale Water Park, M33 2LX

TRANSPORT LINKS

Metrolink:

Stretford - Sale Water Park

POINTS OF INTEREST

1 Longford Park: Once home to cotton merchant and philanthropist John Rylands, the Rylands estate became a public park in 1911.

2 Turn Moss Playing Fields: Formally Tuff Moss Farm, many residents were encouraged to work the land here during WWII's 'Dig for Victory' Campaign.

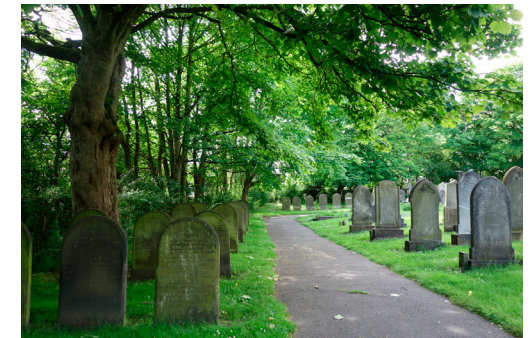
3 Hawthorn Lane: This old winding lane supports historic hedgerows and a 19th century weir visible through the trees.

4 Stretford Cemetery: Opened in 1885, the cemetery contains a memorial to residents who lost their lives during the Manchester Blitz of 1940. Walk under the Bridgewater aqueduct and follow signs to Sale Water Park.

5 Sale Ees: This flood basin for the River Mersey supports locally rare plants such as Great Burnet and Meadow Foxtail.



Sale Ees



Stretford Cemetery



Turn Moss Playing Fields