



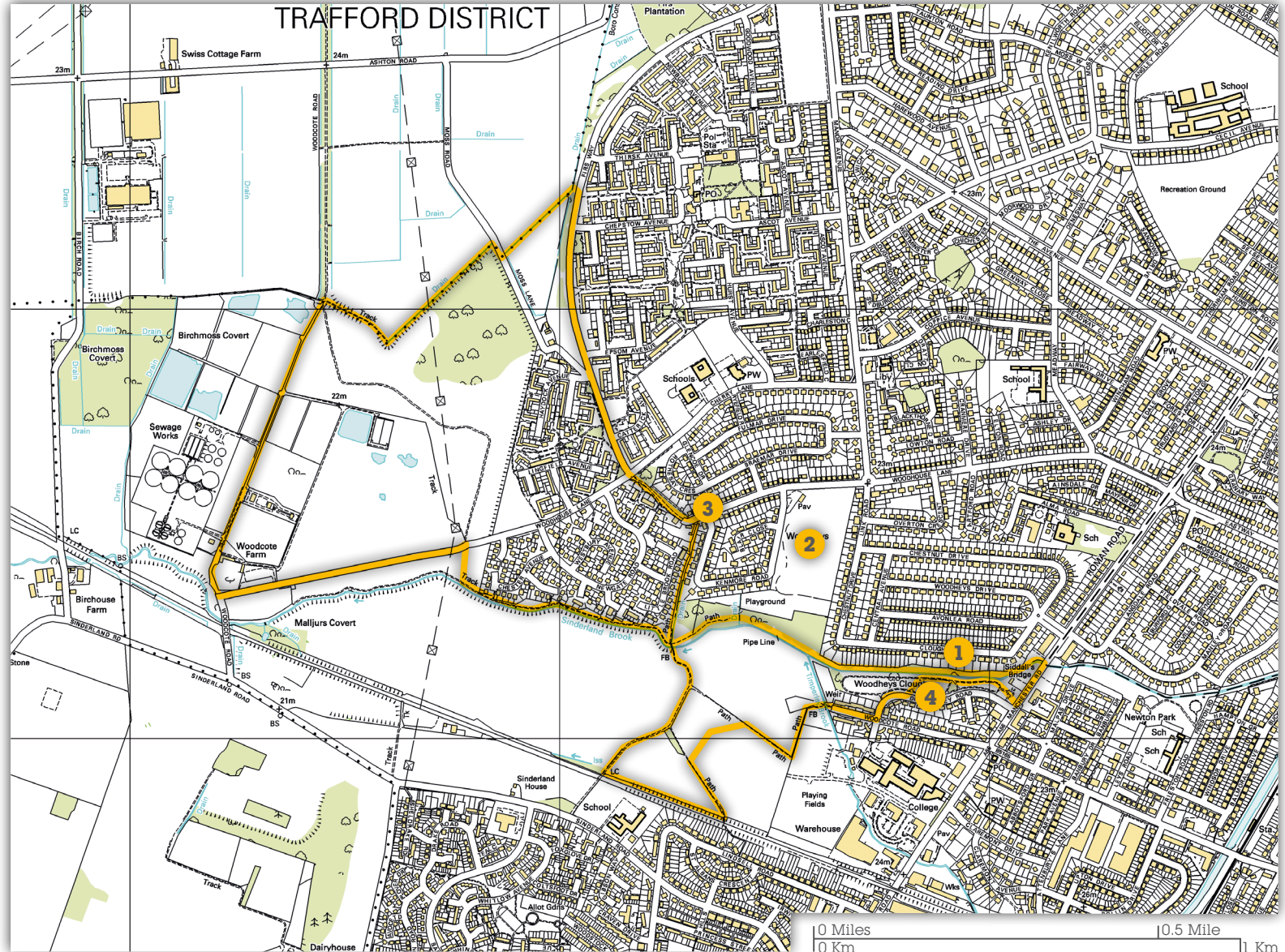
SINDERLAND BROOK

 Distance: 4.3 miles / 6.9 km  Allow 1 hour 50 mins

ACTIVE TRAFFORD GREENSPACE

This walk is one of ten exciting routes designed to help you explore some of Trafford's most beautiful countryside and parks on foot.

Trafford supports a diverse range of open spaces from the historic Longford Park, to visitor attractions such as Sale Water Park and Dunham Massey. Recreational routes, such as the Trans Pennine Trail and Bridgewater Way, pass through the borough's heart, linking local communities and visitors to the Mersey Valley and beyond.



WALK DESCRIPTION

This circular route takes walkers on a journey along Sinderland Brook towards Carrington Moss. The walk follows the northern bank of the brook past Woodheys Park, where walkers can explore the woodland path or stop for picnic. The route then joins Woodcote Road and continues along a track towards Firsway. Walkers are encouraged to follow the 'Public Footpath Number 23' sign after Woodhouse Farm and continue towards the Sinderland Brook Estate. The final section guides people along an old disused railway track and across Woodcote Road to Woodheys Clough where a giant sequoia awaits.

ACCESSIBILITY

Paths are surfaced in areas but soft underfoot elsewhere. Some will become muddy after rainfall

TOILETS

None.

START POINTS

The Pelican Inn, WA14 5NH (recommended)

TRANSPORT LINKS

Metrolink: Timperley

Bus Stop: Firsway / The Brigadier

Car: Parking available at The Pelican Inn. Please inform owners on arrival.

POINTS OF INTEREST

1 Sinderland Brook: The brook is an important waterway and wildlife corridor. It extends through the heart of Trafford; from Smiths Field to join the Red Brook in Partington. Kingfishers are regularly seen from the footbridge on Woodcote Road.

2 Woodheys Park: The park opened to the public in the early 1970s. The land had previously been used as farmland and is still known by some as 'Pinky Park'. The name hails from a time when pigs strayed into the area from a field across the brook.

3 Woodhouse Farm: Historic maps from the mid-19th century show a number of 'woodhouses' that were once surrounded by woodland and partitioned fields.

4 Giant Sequoia: This native tree of California typically grows on the western slopes of the Sierra Nevada. It was introduced to the UK in 1853 and can live more than 300 years. It is the largest known tree species on earth.



Old railway line



Sinderland Brook



Woodhouse Farm