



HEALTH & WELLBEING (GOLD ROUTE)

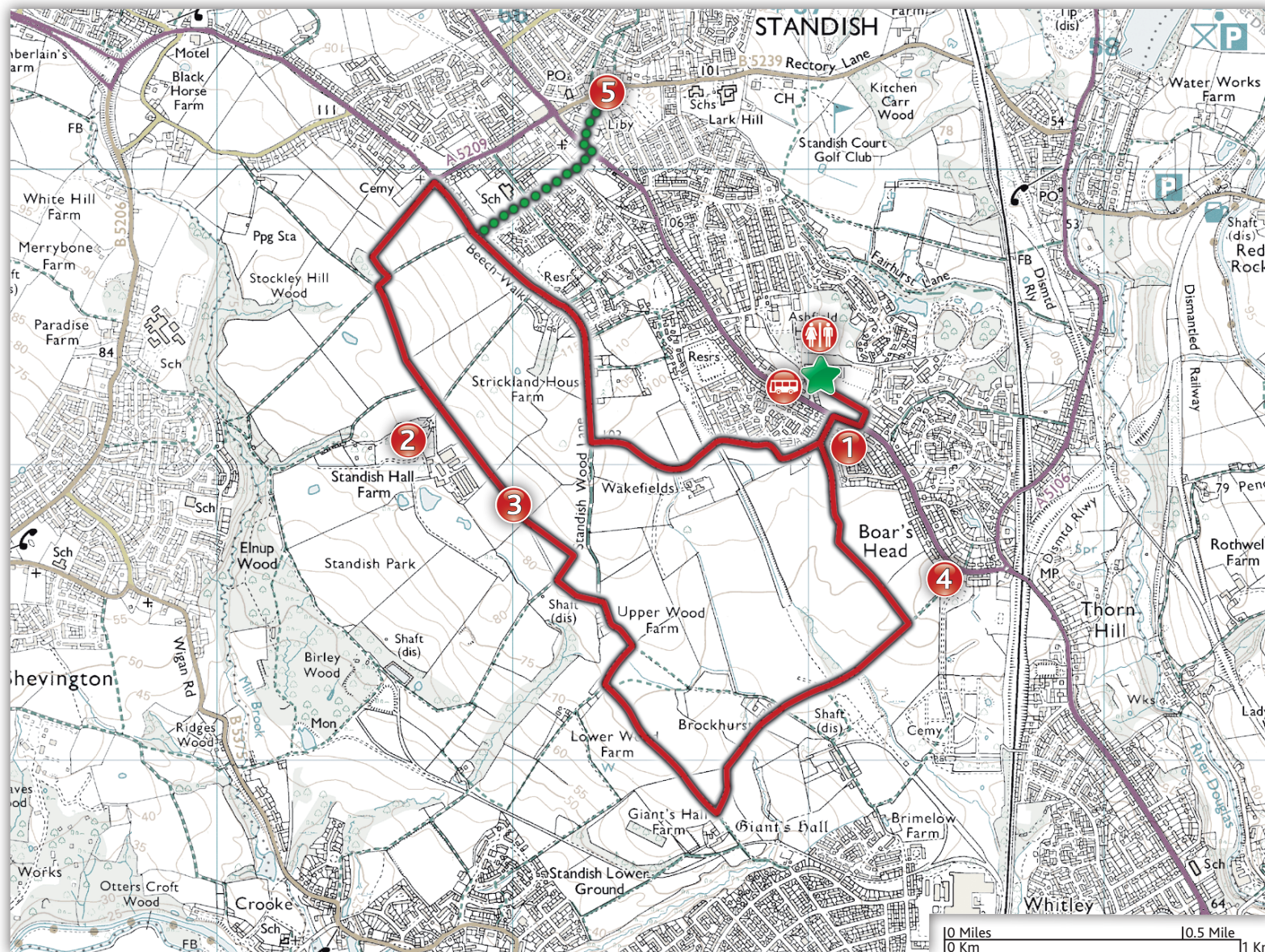
STANDISH PARK FROM ASHFIELD PARK

 Approximate distance: 4.5 miles / 7.2 km  Allow 1.5 to 2 hours

www.visitgreenheart.com

Jubilee Legacy Walks

This walk is one of a series of fifteen Jubilee Legacy Walks designed to celebrate the richness and diversity of Wigan Borough's green space, and provide a lasting reminder of the Queen's Jubilee celebrations of 2012. Walking is a great way to improve your physical health and mental wellbeing - aim for 150 minutes per week and you'll soon notice the difference!





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WALK DESCRIPTION

The walk starts and ends at Ashfield Park and is mainly on rural tracks, some of which are well defined, and all are designated rights of way. Look out for glorious views across rural fields towards Wigan and beyond.

ACCESSIBILITY

Paths vary between hard surfaced tarmac and some softer surfaces, which can be muddy after rain.

There are a number of stiles along the route
Limited access for wheelchairs, prams & cycles.

TOILETS

There are public toilets located at Ashfield Park.

START POINT

Car park available at Ashfield Park, Wigan Road Standish WN6 0EQ

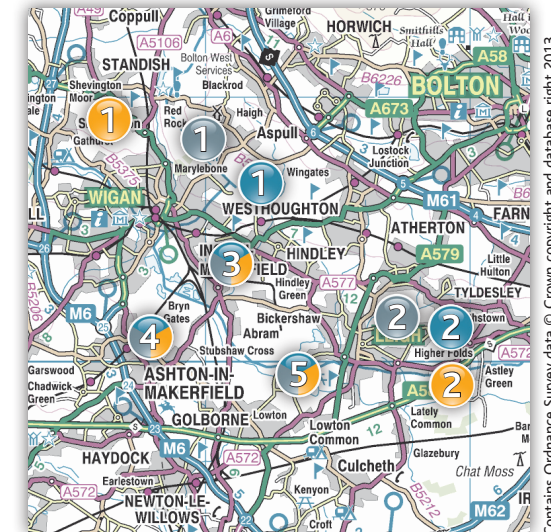
BUS STOPS

There is a bus stop outside the entrance lane to Ashfield Park on the A49, as well as numerous bus stops in Standish centre.

POINTS OF INTEREST

- 1 Crossing the A49 from Ashfield Park, pass through the housing estate and connect onto the public bridleway – the viewpoint gives stunning views across rural fields over to Wigan and beyond
- 2 Look out for information signs for Hermitage and Standish Hall, describing these historic sites.
- 3 The waymarked path runs between two fencelines and passes along the edge of arable farmland, and tends to be boggy in wet weather.
- 4 Take a detour to The Boar's Head pub, a well known local watering hole and directional aid.
- 5 Take a detour into Standish to see St. Wilfrid's Church, the only Grade 1 listed building in the Borough. Close to the church is the newly restored well, with information about this historic corner of the village. Standish also has pubs and cafes.

OTHER ROUTES



Walk Locations

- 1 Borsdane, Standish and Haigh
- 2 Gin Pit, Tyldesley and Astley
- 3 Amberswood, Bickershaw and Abram
- 4 Ashton, Viridor and Bryn
- 5 Pennington Flash and Lightshaw

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