

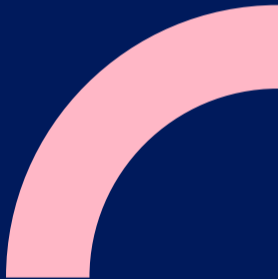
**A good stroll's
good for your
northern soul.**



— THE
GREATER
MANCHESTER
WAY —



**Share your
walking stories
and inspire
others.**



**It's amazing
the places you
can find on your
doorstep.**

John



**I walk to enjoy the
day, to marvel at the
trees, for exercise.**

**I walk because it
feels good.**



**Walking routes, groups
and inspiration.**

**Find your way and see
where it takes you.**



**We talk, they scoot,
we all get some fresh
air and time together.**

**Walking. It's one of my
favourite parts of the day.**

Kate



**We're amazed just
how much even
the shortest stroll
can break the
usual routine.**

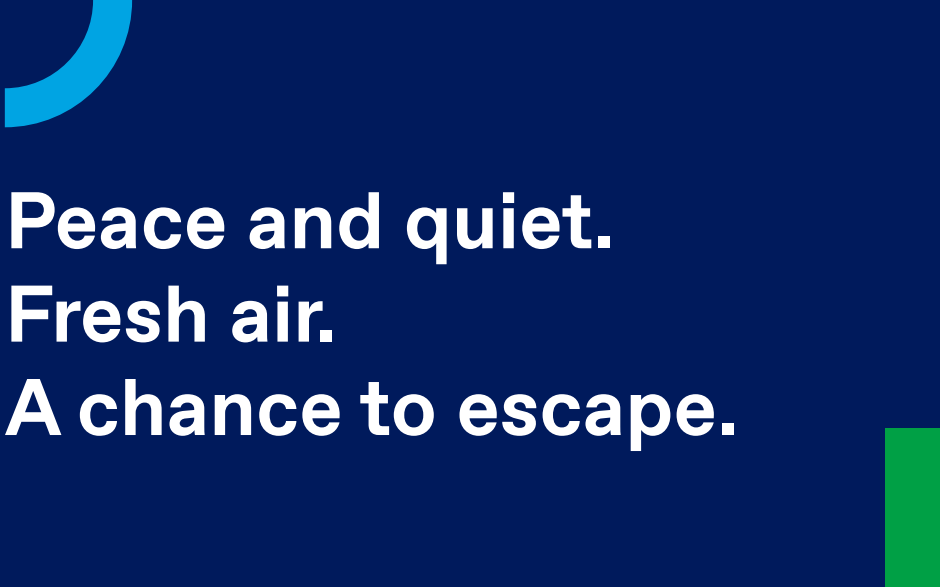
Claire





**The road to
recovery starts
small, walking
a mile here, a
mile there.**

Phil



**Peace and quiet.
Fresh air.
A chance to escape.**

**Popping to the
shops for bread,
rather than driving.**

It's my time.

**Walking in whatever
the weather, makes
me feel alive after
sitting down all day.**

Rachael





**Miles of walking
routes are ready
to be discovered.**



**Rollers and Strollers
to The Wrong Un's.**



**Walking groups for
whoever you are.**



Step ahead.

Stretch your legs.

Stride on.

That's The Greater

Manchester Way.

