

Greater Manchester Walking- Small & medium grant recipients (£50-£999 and £1-5k) November 2019– May 2020				
Organisation Name	Grant Scale	Area	Grant Recipient Role (Brief Summary)	Demographic Targeted
Rochdale Field Naturalists' Society	Small	Rochdale	To run wildlife 'Identification Walks' throughout Rochdale.	Older people.
1st Lancasterian Scouts	Small	Manchester	To work on building up the distance their scouts can walk with a couch to 1km event.	Young people with mental or physical disabilities from a range of backgrounds.
The Keenagers Stockport	Small	Stockport	To run short local walking tours around Stockport.	Individuals with various physical and mental conditions.
Saddleworth Community Project CIC	Small	Oldham	To run four quarterly Walk for Life's.	A mix of residents of Saddleworth, individuals from further afield with mental health issues and younger people.
Friends of Alkington Woods	Small	Rochdale	To encourage local people to use the network of footpaths in Alkington Woods for both exercise and as an alternative to driving or using public transport to visit the town centre.	Young families with children, pensioners, naturalists, people who work nearby and young adults.
Willow Project	Small	Wigan	To start a walking group with young people (aged 12+) to encourage exercise as a coping strategy for mental health.	Young people (aged 12+) who are struggling with mental and/or emotional issues.
Praxis Care	Small	Manchester	To run a weekly walking group in Manchester for the current and ex-tenants of a supported accommodation.	Adults whom reside/previously resided at Plasden Court who suffer with severe and enduring mental health conditions.
Radcliffe Rotary Club	Small	Bolton, Bury	To create the Radcliffe Rotary Way by linking and signposting existing paths around the Radcliffe area.	The local community, residents of Radcliffe, Bury, Whitefield, Prestwich and Bolton.
Age UK Stockport	Small	Stockport	To help support individuals over the age of 50 on a 1-1 basis in leaving their	Individuals over the age of 50.

			homes to go on short walks around their local communities.	
Beautiful Mind	Small	Manchester	To run monthly history walks around Manchester and Salford over a six month period.	Over 55's from the Salford area, including those with disabilities.
The Childcare And Community Centres, Ashton and District	Small	Wigan	To create a baby stroll club for parents, grandparents and carers.	Parents, grandparents and carers from the Ashton-in-Makerfield area.
Richmond Fellowship - Manchester Women's Service	Small	Manchester	To take their beneficiaries on fortnightly walks, beginning with short local walks eventually leading up to longer walks further afield.	Women who suffer with mental health problems from a range of backgrounds who reside in Rusholme.
TLC St Luke's	Small	Manchester	To run walks that incorporate arts-based methods to look, listen and create along the way.	Adults (mostly 40-60 years old) from diverse ethnic backgrounds. Particularly, those who have experienced mental health problems.
OSCAR	Small	Stockport	To take older people to several different parks in areas that hold memories for them and to run shorter local walks in between.	Older people (60 plus) who live in Stockport and who do not regularly take part in any organised physical activity.
Lesbian Immigration Support Group	Small	All of Greater Manchester	To organise walks that introduce participants to safe walking in different parts of Greater Manchester.	Ethnic minority lesbian and bisexual women refugees and asylum seekers.
Worsley Woods Action Group	Small	Salford	To carry out 6 wildlife themed walks in Worsley Woods throughout 2020.	A wide cross-section of society. Bat walks (three being run) are particularly popular with children.
NatureEd CIC	Small	Rochdale	To run five walking-based activities for under 5's and their parents/carers.	Parents/carers with children under 5.
Nomad Construction Training CIC	Small	All of Greater Manchester	To run day hikes into the Peak District to improve the mental health of ex-military personnel.	The ex-military community. Males and females of mixed religions and ethnicity.
Langworthy Cornerstone Association	Small	Salford	To encourage the people in the A6 corridor to get walking in their local area.	Adults who live in the A6 corridor from a wide range of ethnic backgrounds.

Inside Track (Employment) CIC	Small	Bolton	To build exercise into the daily routine of participants from BAME backgrounds.	Refugees and migrants from BAME communities, newly arrived in the Brightmet area.
We Matter CIC	Small	Manchester	To set up a walking group for women living in the Longsight area of Manchester.	Women aged 20 – 55 from the Longsight area of Manchester. Particularly women of South Asian origin.
Leigh Neighbours Project	Small	Wigan	To develop a 'Daily Mile' route and providing packages to local groups to enable them to begin walking.	Residents of Leigh.
The Incredible Plastic Street Band	Small	Manchester, Oldham, Tameside	To share videos, pictures and audio to keep families active with their walking and their music. (COVID-19 AMENDED)	Children aged 4+ and their families, individuals with SEND and their carers.
HADRA - Hunt Lane & District Residents Association	Small	Oldham	To organise five nature walks aimed at families in the Chadderton area of Oldham.	Residents in the OL9 region, particularly Hunt Lane and surrounding area.
St George's Day Centre (Bolton) Ltd.	Small	Bolton	To run four meetings of a Rural Art Group between May 2020 and August 2020.	Those with a wide range of mental illness.
Green Fingers Moston	Small	Manchester, Oldham	To run monthly themed nature hunts and walks in the local parks for families with children.	Adults with children in school from black African and white backgrounds. Particularly, residents of Moston, Harpurhey, Newton Heath and Failsworth.
Blackrod Sports and Community Centre	Small	Bolton	To enable vulnerable local people to provide a friendly, accessible healthy lifestyles provision.	Residents of Blackrod. Particularly, young children, their parents/carer and older people who are experiencing social isolation.
Angels of Hope for Women	Small	Manchester	To run a peer support walking group for women from BAME backgrounds.	Women from BAME backgrounds.
Great Places Housing Group	Small	Manchester	To run day trips to popular walking spots which are accessible and achievable based on the physical and mental health needs of the beneficiaries.	Vulnerable adults from mixed ethnicities. Including those with disabilities/mental health issues and individuals who

				have experienced homelessness.
The River Manchester	Small	Manchester	To run 6-8 monthly morning walk in parks in Greater Manchester for people who have suffered domestic abuse, people living in women's refuge and people who are undergoing training from the job centre.	Those that have fled domestic abuse, moved into the new area, have very little social contact in the area, live in poverty, been homeless.
Vision 2020 Leadership Initiative	Small	Manchester	To encourage 100 local people to engage in quarterly group walk exercises to promote healthy living and discuss issues surrounding health education.	People from South India, Pakistan, Somali, Kurdistan, Roma, Middle Easterners, Eastern Europeans backgrounds.
Real Food Wythenshawe, Wythenshawe Community Housing Group	Small	Manchester	To run a weekly 'The Green Mile' walk in Wythenshawe (28 in total).	Adults from the Wythenshawe area.
Dynamic Support of Greater Manchester Ltd	Small	Manchester, Salford, Stockport, Tameside, Trafford	To take participants on days out to visit and walk along scenic routes across the region.	Socially isolated and vulnerable women from BAME backgrounds.
Burnside Centre	Small	Rochdale	To set up a walking group for beginners and over fifties.	Over fifties from the Rochdale, Middleton and Heywood community.
Cartwheel Arts	Small	Rochdale	To create a resource that encourages people to go for walks in nature and then use the inspiration from these walks to create artworks at home. (COVID-19 AMENDED)	Residents from the Darnhill estate in Heywood. Mainly children, young people and families.
PossAbilities CIC	Small	Rochdale	To create illustrated guides of five urban trails in and around the township of Heywood and lead a weekly walk during the spring and summer of 2020.	Those from the township of Heywood in Rochdale. Particularly, people with learning disabilities, older people and families.
Lindley Educational Trust	Small	Tameside	To run a day walk for 8 - 12 young people on three occasions between March 2020 and July 2020.	Young people from a mix of backgrounds but predominantly Asian Muslim.

Age UK Trafford	Small	Trafford	To engage older people, who are less active or inactive and of increased risk of loneliness and isolation; encouraging them to attend guided walks set from a variety of locations across the borough of Trafford.	People aged 50 and over, of mixed gender and ethnicity, who reside exclusively in the communities of Trafford.
Friends of Victoria Park, Stretford	Small	Trafford	To form a litter picking group who meet to walk around the park, carry out a litter pick and conduct a nature assessment of the park.	A broad cross section of the community local to Stretford.
Greater Manchester Rape Crisis Rape and Sexual Abuse Support Centre	Small	All of Greater Manchester	To run six walks of increasing distance for their beneficiaries.	Women over the age of 18 who have experienced sexual violence at any time in their lives.
Back On Track	Med	Manchester	To deliver three 6 week projects, encouraging disadvantaged groups (including people who have experience mental health problems and who are not in employment) in Manchester to walk more.	Disadvantaged groups (including those with experience of mental health problems).
Canal & River Trust	Med	Manchester	To promote walking/active lifestyles to young people and veterans in Miles Platting and Newton Heath areas of Manchester, through a programme of increasingly physical volunteering activities.	Young People, veterans including people with long term health conditions and those not in work.
Jigsaw (Bury)	Med	Bury	To deliver walking activities for Jigsaw members who are young disabled people aged 13+ in the Bury area.	Young disabled people.
Angels of Hope for Women	Med	Manchester	To hold monthly workshops, talks and/or walks in the parks and local community for BAME women in Manchester.	BAME women.
Ramsbottom Countryside Access Volunteers	Med	Bury	To make improvements to 'The Rake' public footpath in Ramsbottom to enable the path to be used safely by those that live in the area - particularly school children and their parents.	Local community, young people.

Brandlesholme Residents Association	Med	Bury	To make environmental changes and improvements around Brandlesholme to encourage residents to walk between areas.	People not in work.
The Conservation Volunteers (TCV)	Med	Trafford	To empower two educational organisations to support people with learning disabilities to walk regularly in the Trafford area.	People with learning disabilities.
Link4Life	Med	Rochdale	To run community-led walks throughout 4 townships of Rochdale Borough (Rochdale, Heywood, Middleton, Littleborough) for adults with long term health conditions.	People with long term health conditions.
Friends of Victoria Park, Stretford	Med	Trafford	To encourage adults with long term illness and or disability to increase their walking activity in Trafford via a weekly walking group and new marked routes in Victoria Park, Stretford.	People with long term health conditions and disabilities.
Collaborative Women UK CIC	Med	Trafford	To run a community walking project to promote healthy activity for women who are victims/survivors of domestic abuse in Trafford.	Women who have experienced domestic violence.
Blackrod Sports and Community Centre	Med	Bolton	To deliver four small walking projects which will encourage residents of Blackrod (Bolton) to walk more. Projects include walking for primary school children, older people and families.	School children, older people, families, those with long term health conditions.
Bolton Lads and Girls Club	Med	Bolton	To inspire inactive young people in Bolton to walk more through a series of health and wellbeing sessions.	Young people.
Starling	Med	Oldham, Tameside	To provide participants with a sensory materials pack delivered to their door with a range of activities they can complete with their household or on their own whilst out taking exercise and then resume group walks once safe to do so. (COVID-19 AMENDED)	Neurodiverse young people.

Start in Salford	Med	Salford	To host guided walking tours of over 60 parks and open spaces in Salford to increase walking activity for people living with mental ill health.	People with mental health conditions.
The Ability Cooperative	Med	Salford	To hold a series of walking sport sessions to increase activity for adults with learning disabilities and co-existing physical disabilities in Salford.	People with learning disabilities and physical disabilities.
Mahdlo (Oldham Youth Zone)	Med	Oldham	To increase the number of young people participating in, enjoying and leading walking activities in Oldham.	Young people.