Accessible Adventures

Interestesting journeys by foot or wheelchair



Clifton Country Park, Clifton House Rd, Clifton, Salford M27 6NG

Activity:

Feel free to use this booklet as your own notebook, add your own observations and drawings, mark your progress on the map in the centre.



Clifton Country Park is a beautiful place to visit; with open woodlands and meadows, a playground, a large free car park and a cafe with toilets. The lakeside walk has a fairytale trail, there are ten sculptures in total along the walk and they include an eagle, a fox, a bear and an owl - you may even spot The Gruffalo.

Clifton is also home to the industrial remains of the Wet Earth Colliery. Established around 1740, the colliery was one of the first deep mines to be sunk in the Irwell Valley. As well as a variety of self-guided and accessible trails, the Salford Ranger Team provides a wide range of events and activities throughout the year.

Opening Hours: Park - 24 hour pedestrian access. Cafe - Monday to Sunday 9.30am - 3.30pm.

Public transport links: Number 22 bus service from **Bolton to Stockport. The bus stop is opposite Clifton** Cricket Ground. For more information, telephone Transport for Greater Manchester on 0871 200 2233.







Do you recognise these prints?

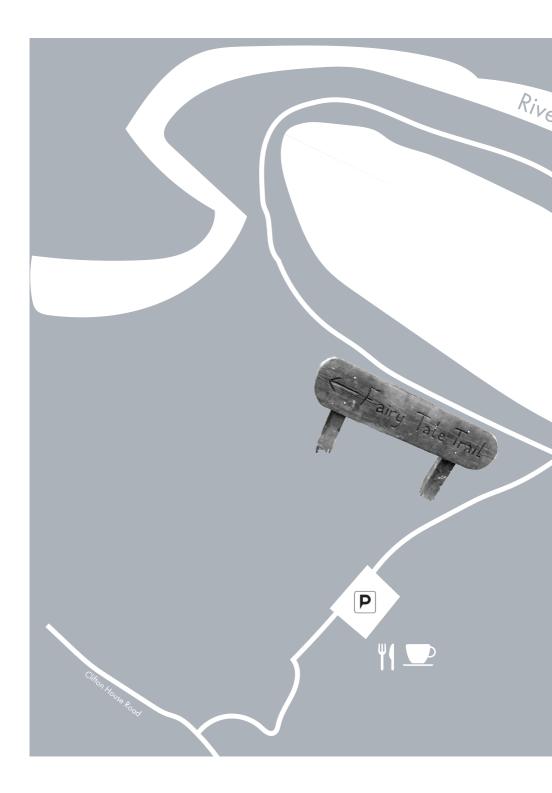


Can you guess who they belong to?









Clifton Country Park



Did you spot the Gruffalo?

Can you draw him using the description below?

He has terrible tusks and terrible claws and terrible teeth in his terrible jaws.

He has knobbly knees and turned out toes and a poisonous wart at the end of his nose.

His eyes are orange his tail is black he has purple prickles all over his back.





















Think of something that you found inspiring from your walk. You could make handprints, Gruffalo prints, animal prints or maybe even a sculpture of a creature!

How to make Salt Dough

Mix together:

2 Cups of plain flour

1 cup of salt

Up to 1 cup of water
(add the water slowly as you may need less, if it gets too sticky just add a bit more flour)

Kneed the mixture into a dough and get creating!

This guide is designed to encourage all people to investigate Greater Manchester's accessible areas.

As well as travelling around the location we have created some bespoke activities you could undertake during your adventure.

We would appreciate if you recorded the following information below which you can email with any additional feedback to boltoncontemporary@gmail.com:

Location of each activity (which journey did you take)			
Date and time of each activity			
Duration of activity (for example 30 minutes, 1 hour, full day)			
Number of people attending each activity who haven't attended before			





Disclaimer: Every effort has been taken to ensure that these journey and activities are safe, however please exercise your own judgement.